



Hotline is the official publication of District 25 Toastmasters, serving members throughout North Central Texas.

How Important Are Your Goals?

David McCallister, DTM - District 25 Governor



No matter what goals you are working toward in life, you must have a strong investment in achieving them. If your goals aren't important to you and you've got nothing to lose by quitting, you probably won't summon enough motivation to get it done.

Occasionally it is possible to push yourself to do something even if it's not that important to you, but most often that's because you're trying to avoid a negative consequence, not because you feel inspired about taking action.

However, when we're talking about powerful motivation to change your life, if you don't have a strong vested interest in the end result, you just WON'T do it - period!

Think about the last time you set a goal, like losing weight or quitting smoking. If you were not absolutely 100% committed when you got started, you likely didn't stay with it very long. You may have been fired up at the beginning, like most people are when they set a goal. But as time went on you either encountered obstacles that slowed your momentum, or you just lost the passion and fire for the end result, so you quit.

Making positive changes in your life is no different. No matter how hard you work at the beginning, if the changes you're trying to make aren't crucially important to you, you just won't have the determination to see them all the way through.

Before you begin working on any goal, first ask yourself how important the end result is to you. How badly do you want it? How hard are you willing to work for it? What will happen if you don't make it? Will you be able to accept the consequences, or are they simply unthinkable? Be honest with yourself!

Your answers to these questions are what will determine your probability of success. If you want it THAT badly, if it's THAT important to you, you will do whatever you have to do to achieve it.

If your goal isn't that important and you're thinking wishy-washy thoughts like, "Well, it would be nice to achieve that goal . . ." - Stop right there because "nice" won't cut it! Choose another goal.

You need a goal that is truly important to you - and I mean VITALLY important. Once you set a goal with that level of importance attached to it, you will ultimately realize that you can't NOT do it. Not doing it means staying where you are. Not doing it means resigning yourself to circumstances that don't make you happy. Not doing it will be completely unacceptable to you. You will find that you simply cannot tolerate the thought of accepting anything less than your ultimate dream coming true.

And that's when the magic happens! That's when you blot out distractions, put your head down and get to work. That's when you get to see what you're really made of. When you reach that stage of thought, you have already won - you just need to bring it forth into tangible reality

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DISTRICT 25 AT A GLANCE

Membership & Marketing

Total New Clubs: 20
Total New Members: 1316

Education

Total CCs: 299
Total ACs: 187
Total Leadership: 257

Overall Performance

Rank in North America: #2
Rank in World: #4

Congratulations
DISTINGUISHED DISTRICT

CONGRATULATIONS MEMBERS OF DISTRICT 25!
WE ARE A PRESIDENTS DISTINGUISHED DISTRICT!



The Two Key Elements

David D. Martin, DTM- Lt. Governor Education & Training 2009-2010

What are the two key elements of being a better speaker? One element is the art of effective listening. The second is effective evaluations.

Everyone knows time spent researching, writing, and reciting are all good practices in having a quality speech. Listening with an attentive ear to others as they give speeches allows you to glean valuable insight. Do you admire the research, intonation, or gesture incorporation used by your fellow toastmasters? They say imitation is the best form of flattery. Imitate these qualities when you are developing and practicing your own speeches. Research allows you to show your audience that you want to provide knowledgeable and useful information that lends merit to the message you are disseminating. Your audience will appreciate the effort you put forth.

Intonation or using expansive vocal variety can add suspense, emotion, and humor to your speech. It will also add to the enjoyment of your listening audience. Using these techniques can elevate anxiety and make you appear more spontaneous in your presentation, although practice as we know makes perfect.

Purposeful gestures are the craft of a seasoned toastmaster. Speakers who no longer wring their wrists or clasp their hands in front of them are more confident in their presentation. These speakers have learned to keep random gestures at bay and allow controlled meaningful gestures to succor a relevant point in their story.

Following these attributes of seasoned toastmasters will broaden your own skill set in speaking and will allow you to expand the feedback you give for an effective evaluation.

What makes an effective evaluation? You have to put your listening cap on and site examples of what good toastmaster skills the speaker already possess. Follow through with some areas of improvement. You want the speaker to learn from a different perspective and be able to use your advice when either giving the speech again or when they develop their next speech. A toastmasters meeting is a positive and safe learning environment. Use this opportunity to aid your fellow toastmaster in developing their skills as they travel the path to DTM and beyond.

Better speakers are formed through the tried and true processes of research writing and reciting. The best speakers not only use these steps but also learn from others through effective listening and effective evaluations. Listen well and practice what you preach.

Current Prospective Club Leads June 2010

DynCorp—Ft Worth
Texas Women's University-Denton
Flower Mound United Methodist Church
Supermedia-Irving
Michaels-Irving

Ft Worth Metro Black Chamber Commerce-Ft Worth
Peterbilt-Denton
CUNA Mutual-Ft worth
JPS-Ft Worth
Methodist Medical Systems-Dallas

Eighteen and still counting!

Diana Patton, DTM—Lieutenant Governor Marketing 2009-2010



I want to take this opportunity to express my appreciation to each of those that assisted making this year a success by adding eighteen new clubs and the members that make up those clubs to our District 25 family. For each of the 5-6 people that were used at each pre-charter meeting to fill roles my thanks goes to you. I don't believe we had the exact same team at any two meetings.

Each and every meeting was professional, informative and fun. You each stepped up to the plate to demonstrate what a Toastmaster meeting is all about. You only get one chance to make a first impression. The first meeting these prospective Toastmasters experience is critical to club chartering.

The success of these new clubs largely depends on the dedication of the mentors. Thanks to each of you. You have set these new clubs on the road to success. THANKS!

I could write a book about the meetings that I attended. Hearing ice breakers from these new members and the stories they have to tell makes it all worth while. One member from the TRCA Toastmasters club incorporated every word of the day they had had in their meetings into his ice breaker. I wasn't able to attend meeting where my lead for the Burnt Toast club where she gave her ice breaker. The mentor told me how incredible it was so I requested a copy of her speech. It brought tears to my eyes. Then there was the second speech from a member at Los Colinas Towers club that was like a eulogy to a love—the Cowboys stadium. It was amazing! On a sad note, my contact person at Northwest Tarrant Toastmasters was tragically killed in an automobile accident shortly after the club chartered. Attending the meeting where they paid tribute to him was very touching. Some clubs even offered their facility for area and division contests.

Some of the newly chartered clubs in 2009-2010 will complete the year as Distinguished or better—congratulations to each of you!

Some clubs took a little more attention to charter than others. There were a few misses with groups that weren't able to identify the 20 necessary to charter. We will add those groups to follow up with during 2010-2011 Toastmaster year.

Thanks to each and everyone who played a role in adding these great clubs to District 25. This year will be one of the highlights of my Toastmaster journey.



JUNE CLUB ANNIVERSARIES



2209	AAFES Toastmasters
6332	Grand Prairie Toastmasters
6572	Texas Wesleyan Spellbinders
7502	Successful Speakers
7514	Arlington Nooners
4567	VHA Toastmasters
114	Fly to Excellence
3671	Verbal Eyes
3925	Eye Can Toastmasters
676842	Heart of Texas Bridge Gappers
692498	Texas Stars
678422	ToastStop
918987	Fossil Creek Toastmasters
1341457	Texas Toast

MARKETING WORKSHOP

Saturday July 17, 2010

Facilitator: Lark Doley, DTM, PID

All members and clubs are welcome to attend! Learn valuable tips, tricks, and the secrets to successful Toastmaster clubs. Find out how to not only gain members for your club but also to retain them. A number of resources and tools will be provided for those in attendance. This workshop will be facilitated by our 2010 Regional Marketing Advisor and Past International Director, Lark Doley, DTM. It is free to attend and lunch will be provided for those that RSVP online. For more info, visit www.d25toastmasters.org/marketing/workshop. The workshop will be held at Texas Wesleyan University in Ft. Worth.



*Lark Doley, DTM, PID
RA Marketing, Region 3*



Be a Hero!

Your experience and enthusiasm can be a valuable asset to a club that needs a little help in rebuilding. For more information go to d25toastmasters.org > Marketing and Membership

DISTRICT PROMOTIONS AND CONTESTS

Earn up to six FREE Manuals and/or Modules! *Extended to June 30!*

In celebration of our District achieving Distinguished status in April 2010 and demonstrating our commitment to Remember the Member, we are awarding individuals and clubs for reaching their goals by ***June 30, 2010. EXTENDED!***

- Complete a CC by June 25 - Receive 2 Manuals (in addition to the 2 from TI)
- Complete an ACB / ACS / ACG by June 30 - Receive 2 Manuals
- Complete a CL / ALB / ALS / DTM by June 30 - Receive 1 Module
- Achieve Distinguished Club by June 30 - Receive 2 Modules
- Achieve Select or Presidents Distinguished Club by June 30 - Receive 4 Modules
- Achieve Pacesetter (+1 over goal of each CC / AC / CL / Members - Complete Set Modules

In addition, each group will have a drawing for 2 complimentary tickets to the Awards Dinner held on Saturday August , 2010. A total of 10 tickets will be awarded.

To sign up visit us online: www.d25toastmasters.org/commit.html

Is yours a 5-Star Club?

Five Star Club Membership Requirements:

- Dues renewal on time by October 10
- Add 4 new members
- Add 4 more new members
- Dues renewal on time by April 10
- Club has 20 members or net growth of 5 by June 30



Privileges Include:

- Exclusive ribbon for club banner
- Honorable mention in District Newsletter
- Publication in Spring Conference Program*
- Announcement on District Website Hall of Fame
- Special recognition at Spring Conference Awards Lunch*

Details: Clubs must submit dues on time during both renewal periods. Dues must be submitted no later than April 10, 2010 to receive on-time credit. On June 30, 2010, clubs must have 20 paid members or a net growth of 5 members if the base membership was below 20 as reported on July 1, 2009. Clubs must add 4 members, which are defined as new, dual, or reinstated members, and an additional 4 members between July 1, 2009 and June 30, 2010. Results will be tracked from reports provided by Toastmasters International. Clubs have until June 30, 2010 to complete all five requirements.

* Clubs that complete all 5 by April 30, 2010 will be recognized at the Spring Conference Awards Lunch and in the Program.



D25 Phoenix Award

Eligible clubs:

Any club with 13 or fewer members on July 1, 2009

Goal: Build club to 20 members by June 30, 2010

Award: Receive a Phoenix Patch to display proudly on your banner

MAY 2010 HALL OF FAME

Congratulations to our fellow Competent Communicators

Club	Division	Area	Award	Date	Member	Club
5286	C	33	CC	5/22/2010	Leela P. Abraham	Plane Talk
1137495	B	25	CC	5/5/2010	Saran Alagirisamy	Toast Captains
629	B	21	CC	5/4/2010	Muhammad A Barkhadle	Six Twenty Nine
7502	B	23	CC	5/14/2010	Kyle Michael Berlin	Successful Speakers
5718	F	65	CC	5/18/2010	Rachael Billings	Motorola
7694	C	32	CC	5/18/2010	Breana Chan	MidCities Achievers
420	E	52	CC	5/18/2010	Tiffanie Nicole Choate	North TX
1137495	B	25	CC	5/27/2010	Kimberly Diane Clerkin	Toast Captains
594840	A	13	CC	5/4/2010	Robin Comparini	Toast the Blues Toastmasters
6810	C	32	CC	5/17/2010	Oliver Ray Cozby	Bell Helicopter
676842	D	43	CC	5/19/2010	Sandra K. Creech	Heart of Texas Bridge Gappers
4987	E	54	CC	5/1/2010	Matthew J. Daniel	Southlake
5440	A	13	CC	5/3/2010	Graeme Dewstow	Clearly Speaking Toastmasters
594840	A	13	CC	5/10/2010	Mary Cathy Drew	Toast the Blues Toastmasters
3365	B	21	CC	5/20/2010	Benny Estrada	Irving Toastmasters
2008	A	15	CC	5/24/2010	William Frank	Quicksilver Express Toastmasters
3536	B	26	CC	5/14/2010	Evelyn J. Glass	Young Street Yappers
3055	E	52	CC	5/6/2010	Sandra A. Gonzales	Denton Toastmasters
9916	A	15	CC	5/26/2010	Lisa R. Gordon	LM AeroSpeakers
9916	A	15	CC	5/18/2010	Geneva Delaine Greene	LM AeroSpeakers
5440	A	13	CC	5/5/2010	Ginny Greene	Clearly Speaking Toastmasters
3365	B	21	CC	5/20/2010	Charles D. Hansen	Irving Toastmasters
638381	D	42	CC	5/8/2010	Deborah A. Harrison	Centex Clearly Speaking
761119	B	23	CC	5/27/2010	Rita Job	Manna Toastmasters
1082726	A	12	CC	5/6/2010	Jodi Johnson	Medtronic Toasters
808279	A	15	CC	5/7/2010	Charles King	ATG Toastmasters
5922	E	53	CC	5/27/2010	Billy Ray McDaniel	Nissan Toastmasters
1082229	E	53	CC	5/28/2010	Penelope McKinney	Texas Toasters
594840	A	13	CC	5/11/2010	Valerie P. McKinney	Toast the Blues Toastmasters
7274	E	55	CC	5/27/2010	Joe W. Nave	Unique Toastmasters At Vista Ridge
1386263	B	22	CC	5/25/2010	Earl Rooks	Toasting for Excellence
1071	A	13	CC	5/24/2010	Jason William Snow	Abilene Toastmasters
808279	A	15	CC	5/17/2010	Ed Vogel	ATG Toastmasters
5496	A	11	CC	5/12/2010	Joseph Lee Worcester	Cowtown Toastmasters
7274	E	55	CC	5/13/2010	Sonia J Wynne	Unique Toastmasters At Vista Ridge

Congratulations to our fellow Competent Leaders

Club	Division	Area	Award	Date	Member	Club
1137495	B	25	CL	5/25/2010	Kimberly Diane Clerkin	Toast Captains
1386263	B	22	CL	5/27/2010	Dena Crecy	Toasting for Excellence
4987	E	54	CL	5/17/2010	Matthew J. Daniel	Southlake
7502	B	23	CL	5/6/2010	Ora Foster	Successful Speakers
692498	D	41	CL	5/13/2010	Anna M. Jaworski	Texas Stars
3055	E	52	CL	5/11/2010	William H. Kincaid	Denton Toastmasters
7277	D	43	CL	5/25/2010	Faron Kincheloe	Baylor Orators Toastmasters
82229	E	53	CL	5/28/2010	Penelope McKinney	Texas Toasters
746	E	54	CL	5/10/2010	Robinson Leigh Michelle	Sabre Classic
6810	C	32	CL	5/5/2010	Britt T. Morgan	Bell Helicopter
3536	B	26	CL	5/14/2010	Charna R. Pettaway	Young Street Yappers
305	E	51	CL	5/3/2010	Melissa E. Plowman	Wichita Falls
591399	A	12	CL	5/12/2010	Jamey M. Rider	Excellence in the Speaking Arts TM
7514	C	31	CL	5/16/2010	Elaine Stoker	Arlington Nooners Toastmasters
3692	E	52	CL	5/20/2010	Mary E. Walker	Lakeside

MAY 2010 HALL OF FAME (continued)

Congratulations to our fellow Advanced Communicators

Club	Division	Area	Award	Date	Member	Club
3925	D	44	ACB	5/13/2010	Huagang Chen	Eye Can Toastmasters
3365	B	21	ACB	5/20/2010	Debbie J. Cunningham	Irving Toastmasters
1137495	B	25	ACB	5/7/2010	Gloria Ford	Toast Captains
1082792	A	12	ACB	5/6/2010	Cynthia Hinckley	Savvy Sayers
5537	F	63	ACB	5/5/2010	Derek L Newman	Airport Toastmaster
4225	B	22	ACB	5/11/2010	Beverly E Prentice	Shining Stars
6411	E	53	ACB	5/17/2010	Tisha D Randle	Inner Voice Toastmasters
591399	A	12	ACB	5/11/2010	Jamey M. Rider	Excellence in the Speaking Arts
4225	B	22	ACB	5/20/2010	Mary Sokol	Shining Stars
7502	B	23	ACB	5/21/2010	Robert Anthony Stoick	Successful Speakers
1002109	D	43	ACB	5/1/2010	Gary Lee Webb	Waco Wordsmiths
6191	F	61	ACB	5/27/2010	John Wozniowski	Afterburners
3692	E	52	ACS	5/10/2010	Brent Cole	Lakeside
1378170	B	24	ACS	5/3/2010	Christine S. Hudson	Fort Worth Project Management
2008	A	15	ACS	5/4/2010	David E. Roberts	Quicksilver Express Toastmasters
5555	A	14	ACS	5/12/2010	Robert J. Vann	TCU Toastmasters
2975	F	65	ACS	5/10/2010	Kimberly J. Yaxtheimer	BNSF Toastmasters
1378170	B	24	ACG	5/3/2010	Christine S. Hudson	Fort Worth Project Management

Congratulations to our fellow Advanced Leaders

Club	Division	Area	Award	Date	Member	Club
7694	C	32	ALB	5/17/2010	Oliver Ray Cozby	MidCities Achievers
7407	C	35	ALB	5/13/2010	Oliver Ray Cozby	Pro A.M. Toastmasters
3055	E	52	ALB	5/11/2010	William H. Kincaid	Denton Toastmasters
692498	D	41	ALB	5/13/2010	Tim Manson	Texas Stars
5496	A	11	ALB	5/12/2010	David E. McCallister	Cowtown Toastmasters
6810	C	32	ALB	5/5/2010	Britt T. Morgan	Bell Helicopter
591399	A	12	ALB	5/13/2010	Jamey M. Rider	Excellence in the Speaking Arts TM
4225	B	22	ALB	5/3/2010	Mary Sokol	Shining Stars
1378170	B	24	ALS	5/7/2010	Christine S. Hudson	Fort Worth Project Management
3055	E	52	ALS	5/12/2010	William H. Kincaid	Denton Toastmasters
9646	C	34	ALS	5/14/2010	Barbara S. Woodruff	Aegonizers

Congratulations to our fellow Distinguished Toastmaster

Club	Division	Area	Award	Date	Member	Club
989	C	34	DTM	5/4/2010	Germon Earl Hill	Southlake Reach for Success
1378170	B	24	DTM	5/7/2010	Christine S. Hudson	Fort Worth Project Management
3055	E	52	DTM	5/12/2010	William H. Kincaid	Denton Toastmasters
5590	D	41	DTM	4/6/2010	Kirkland, D. K.	Big T Toastmasters Club

Make the Commitment

Ron Clark, DTM - District Youth Leadership Chair

I remember when our District governor asked each member to make a commitment to complete an education award or push their club to achieve distinguished or better. Yes, our District was the first district to achieve Distinguished District; Big deal. In my opinion, it was not our District Governor, David McCallister's goal, but my commitment that was made. According to Merriam-Webster online search, **commitment** is defined as follows:

1 a : an act of committing to a charge or trust: as (1) : a consignment to a penal or mental institution (2) : an act of referring a matter to a legislative committee **b** : MITTIMUS

2 a : an agreement or pledge to do something in the future; *especially* : an engagement to assume a financial obligation at a future date **b** : something pledged **c** : the state or an instance of being obligated or emotionally impelled (a commitment to a cause)

I was not committing to a mental institution or a financial obligation, but I did commit to completing my Advanced Communicator Bronze by June 25, 2010. This commitment was made before May 8. As some of you know, this is when I was walking on my retaining wall and a block slipped. I tore a ligament on my right foot, fell off the retaining wall, missed hitting my head on a tree, hopped to the front door, it was locked, rang the door bell, Janis was in the shower, hopped around the yard, opened the garage door. Hopped to the bedroom, and fell on my bed saying I am dying. I endured two emergency rooms, surgery, a tube down my nose (doc asked my permission, never ever again), a tube down my throat (I was asleep this time), four days of hiccupping (did I mention I didn't eat during my hiccups). It is amazing how weak you can become when you don't eat.

In years past, I would have passed off my commitment. Approximately over one hundred have made the commitment, they won't miss mine. After all, my foot is in a boot for seven weeks. I am on crutches, and I am old, but I made a commitment to myself as well as our District Governor. I had five projects to complete with a little more than four weeks to go. Our Lieutenant Governor Education and Training David Martin invited me to the Texas Wesleyan Club to give a speech; I attended the District 25 picnic and gave another speech (along with nine other people). I was the one with my foot in a chair. Now I had three more speeches to go. I asked for a ride to Denton Toastmasters and gave a scheduled speech on June 7th. Three down, two to go. I



invited several Denton Toastmasters to come by my home and listen to a speech. Jeff Hubbard, Sandra Gonzales, Jennifer Sands, and Lin Weinberg (my new taxi) came by to listen. Three of us gave speeches. We scheduled another meeting on June 17. Five of us spoke. Audette Kincaid and Jennifer Sands spoke, Amelinda Salas and Lin Weinberg completed their Competent Communications award. I completed my Advanced Communications Bronze award thus completing my commitment a week early. The lesson I learned is don't make a commitment too lightly, the second lesson was sometimes you must depend on your friends, and the third lesson was the next time David McCallister, asks me to make a commitment, I think I'll order a salad instead. In the end, I am glad I was encouraged and pushed not only to do better, but be better.

Make the commitment.

Ron Clark is a multiple DTM, a member of Denton Toastmasters Club #3055, a member of Speakers Exchange Club #633836, and a mentor for Technology Toastmasters Club # 1429458. He has contributed several article to our District 25 Hotline newsletter and was published in the May 2007 Toastmasters magazine.

ARE YOU ON THE LIST?

Are you just a few speeches away from your next education award or perhaps have already completed it and just haven't sent it in? Is your club a few members or goals short of achieving Distinguished or better? Make the commitment to complete your CC or AC award. If your club is already Distinguished, commit to achieving Select or Presidents Distinguished. Those that complete the commitment will be recognized on the District website, published in the District newsletter, and rewarded at the 2010 Awards Dinner in August. Also, those making the commitment and completing by June 30 will receive a special gift from the district governor **PLUS up to six free manuals/modules**. Do you want to see those who have already made the commitment and perhaps encourage them along their journey? Do you want to make the commitment? If so, you can learn more and submit your commitment online here: www.d25toastmasters.org/commit.html

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**Newsletter Submissions
or Letters to the Editor**

newsletter@d25toastmasters.org

Deadline for submissions:

25th of each month.

District 25 Calendar of Events**June 2010**

- 1-30** Hold Area and Division Council Meetings
Beat the Clock Toastmasters Promotion Continues (Ends Jun 30)
- Submit 2010-2011 Club Officer Lists for DCP Credit (by Jun 30)
- 15** Club Officer Training (TLI Lite) Waco, Texas
- 26** **Summer TLI Kick-Off - Texas Christian University (Ft. Worth)**
- 30** **- Last Day to complete 2009-2010 Toastmaster Year Goals for Distinguished Club Credit. Must be submitted by Midnight!**

July 2010

- 1-31** Hold Area and Division Council Meetings
- 16** Summer TLI Lite - Allstate Insurance (Irving)
- 17** Marketing Workshop with Special Guest Lark Doley (Ft. Worth)
- 23** TLI Lite - Texas Wesleyan University (Ft. Worth)
- 24** Summer TLI - Texas Wesleyan University (Ft. Worth)
- 31** Last Summer TLI - University of North Texas (Denton)

Special Announcement to Club Officers

Please help your club members prepare for single sign-on at members.toastmasters.org.

The Toastmasters Web site is being updated, and how members log in will change. Beginning in July 2010, a unique e-mail address registered with World Headquarters will be required from any Toastmaster who wants to conduct business, purchase products or enjoy new online membership benefits. As a result, it is vital that every Toastmaster has his or her own personal e-mail account – and that the e-mail address is registered with World Headquarters by June 30.

Shared e-mail accounts will no longer work to access the Toastmasters Web site. You may update until June 30, 2010, you may do this by going online at members.toastmasters.org or calling World Headquarters at 949-858-8255 and asking for Member Services.



AAFES Receives Corporate Award from Toastmasters International

On 14 May, AAFES was one of a handful of corporations from around the world that TMI chose to recognize with the esteemed 2010 Corporate Recognition Award. This honor recognizes the significant support AAFES has shown to the Toastmasters program through its own AAFES Toastmasters Club.

“In 2007, TMI realized the need to recognize the homes of our corporate groups; those behind hosting club events, helping in support of membership dues or opening the doors of their buildings in which to hold meetings. That is why we are here today. We thank you for helping members find their voice in the workplace and in our community. Both of which make our world a better place,” said Tim Swearingen, TMI 2nd Year International Director and presenter of the award.

Chief Operating Officer Mike Howard accepted the award on behalf of the AAFES HQ chapter. “This is quite an honor to receive one of only 50 of awards given throughout the world this year. Toastmasters is a great way to help grow our leaders and future leaders of AAFES.”

Mr. Howard went on to say he wished he had been involved in Toastmasters as he was coming up in our organization. “You don’t just wake up being able to speak well one day. It takes practice and determination. However, it is something very worthwhile to learn—for our company professionally, and for yourself personally,” he said.



Pictured are David McCallister, Tim Swearingen, AAFES COO Mike Howard, and AAFES #2209 Club Officers; Norissa Stutson, Mike Santy, Trevor Adams, Nancy Nunez, Tracy Ho, and Kady Haertl.

Sabre Receives Corporate Award from Toastmasters International

On May 14th, Toastmasters officials recognized Sabre Holdings for supporting employees' involvement in Toastmasters clubs both internally and throughout the community. Toastmasters representatives including Bonne Stroman, incoming Lt. Governor of Marketing, David McCallister, District 25 Governor and Tim Swearingen, Toastmasters International Director presented Sam Gilliland with the award. In addition to the award that will be displayed on Main Street, Sabre will receive acknowledgment on Toastmasters' International website.

"I applaud the work of Toastmasters and can't tell you enough how important this development is for anyone, in any position within our business," said Sam Gilliland. "I truly appreciate Toastmasters' role in developing our Sabre team."

Why did we win this award?

Sabre started 2 clubs on the Southlake, Texas campus in 2002, and both are still thriving today. In the last 2 years, a club was started in our Bangalore office and just recently another club in Krakow. The Southlake-based clubs have been very active, and have been able to represent Sabre within the community. Roles include:

- an employee who is currently serving as an Area Governor and next as a Division Governor
- many who help chair events at District conferences
- others who have emceed events at District conferences
- an employee who competed and won 1st place at the District level for a humorous speech

Sabre's Toastmasters clubs have also hosted special events on campus where other clubs in the community join together for contests. Our clubs have consistently earned "President's Distinguished", the highest level of recognition in Toastmasters. Involvement and support of this magnitude, is why Sabre was chosen to be one of 50 corporations to receive this award.



Photo: Front Row – Bonne Stroman, Jennifer Korba;
Back Row – David McCallister, Tim Swearingen, David Leake,
Sam Gilliland, Hugh Jones, Mary Stanley and Paul Rostron